



COMMUNITY PSYCHOLOGY

(सामुदायिक मनोविज्ञान)

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Semester-6

UNIT-I

- Nature
- Historical Development
- Fields of Community Psychology

NATURE

Community

*A **community*** is a social unit (a group of living things) with a shared socially significant characteristic, such as place, set of norms, culture, religion, values, customs, or identity.

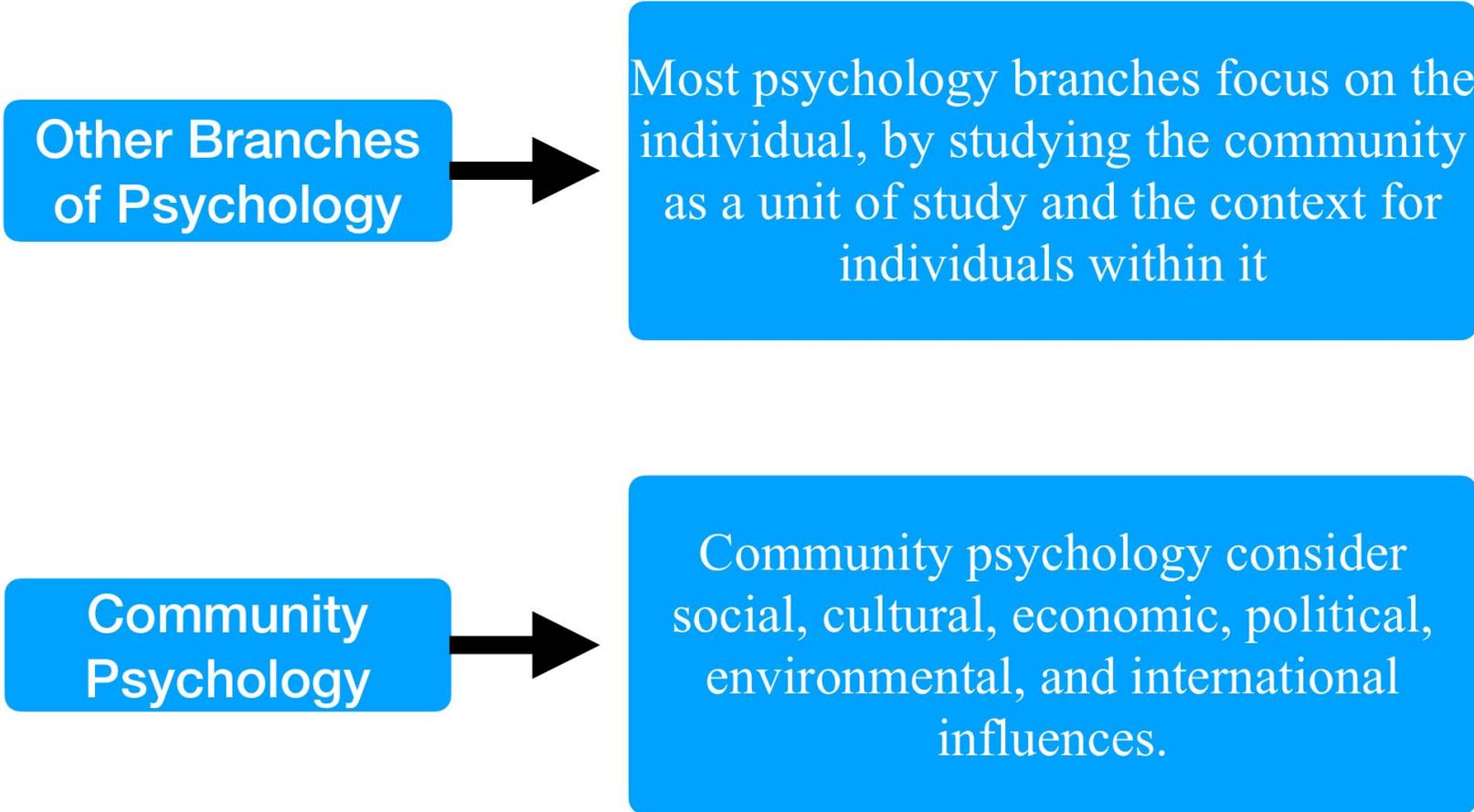
NATURE

Community psychology is a field of psychology that studies communities and how individuals exist within them. It focuses on the relationships between environmental conditions and the health and well-being of community members.

NATURE

सामुदायिक मनोविज्ञान मनोविज्ञान का एक क्षेत्र है जो समुदायों और उनके भीतर रहने वाले व्यक्तियों का अध्ययन करता है। यह पर्यावरणीय परिस्थितियों और समुदाय के सदस्यों के स्वास्थ्य और कल्याण के बीच संबंधों पर केंद्रित होता है।

**Other Branches
of Psychology**



Most psychology branches focus on the individual, by studying the community as a unit of study and the context for individuals within it

**Community
Psychology**

Community psychology consider social, cultural, economic, political, environmental, and international influences.

Issues that community psychologists work on include:

- Empowerment
- Diversity
- Civic participation
- Building a sense of community
- Problem prevention
- Health promotion
- Individual wellness

Community psychologists seek to create positive social change within a social structure. ***They can achieve this through either first-order change or second-order change.***

- ***First-order change*** involves fostering changes in individuals in order to prevent or fix a community problem.
- ***Second-order change*** involves changing the social systems that contribute to problems in order to ensure that individuals fit better into their environments.